



Community COVID-safe behaviours will remain an important part of taking care of each other for the foreseeable future. We all need to play our part to keep on top of COVID.

The community COVID-safe behaviours have been updated and there are 8 behaviours and actions that we should be aware of and follow.

	<p>KEEP YOUR DISTANCE</p> <p>Stay at least 1.5 metres away from others whenever practical. The more space there is between you and other people the harder it is for the virus, and germs generally, to move from one person to another.</p>
	<p>WASH YOUR HANDS</p> <p>Wash your hands often with soap and warm water. Use alcohol-based hand sanitiser when out and about. The trick is to make sure you do it several times a day especially before and after eating, before you leave home and as soon as you return home.</p>
	<p>STAY HOME IF SICK</p> <p>Stay home if you are unwell and always cover coughs and sneezes. COVID-19 spreads when people are unwell and don't take self-isolation seriously. If you feel sick, even with mild symptoms, stay at home.</p>
	<p>SYMPTOMS? GET TESTED</p> <p>Get tested for COVID-19 if you have any cold or flu-like symptoms, no matter how mild. Fast detection of any potential COVID-19 cases in Tasmania will prevent further spread in the community. You can call the Public Health Hotline on 1800 671 738 to request a test or call your own GP for further advice.</p>
	<p>FOLLOW DIRECTIONS</p> <p>COVID restrictions are carefully considered with their purpose, the risk they address and evidence of their effectiveness all assessed regularly. Businesses and venues also have COVID-safe directions in place for patrons. Follow signs, venue rules and be mindful of the wellbeing of the people around you.</p>
	<p>USE CHECK IN TAS</p> <p>Tasmanians and visitors are required to use the Check in TAS app when they visit businesses, organisations and events. Download the Check in TAS app to your smartphone, enter your details and simply scan the QR code on display at the businesses and venues you visit. If you don't have a suitable device, someone else from your group can check in for you or the venue can check you in.</p>
	<p>WEAR A MASK AS REQUIRED</p> <p>Face masks help protect you and the people around you from the spread of infectious droplets. All people aged 12 and older who are at a Tasmanian airport or on an aircraft must wear a face mask. It's a good idea to have a few masks ready to use (and know how to use them) for situations where they can help protect you and, in the event that they are required due to a lockdown or other COVID event.</p>
	<p>GET THE COVID VACCINE</p> <p>Getting vaccinated, when it is your turn, is the single biggest action you can take to reduce the impact of COVID-19 and help keep yourself, your family and your community safe. All people in Tasmania, aged 16 and over will be able to get vaccinated for free. If you have any questions about vaccination, speak with your usual GP or healthcare provider.</p>

Resource reproduced from [Tasmania Coronavirus Webpage](#).